

TECHNICAL: Finishing

“Triangle Finishing”

SETUP:
 4 Cones set up as shown, approximately 10 yards apart, forming 2 triangles

DRILL:
 [1] Player 2 passes forward to Player 3
 [2] Player 1 begins run to goal
 [3] Player 3 lays ball off on angle to Player 1
 [4] Player 1 takes 1-touch shot on goal

ROTATION:
 Player 1 to Player 3
 Player 3 to Player 2
 Player 2 to Player 1

