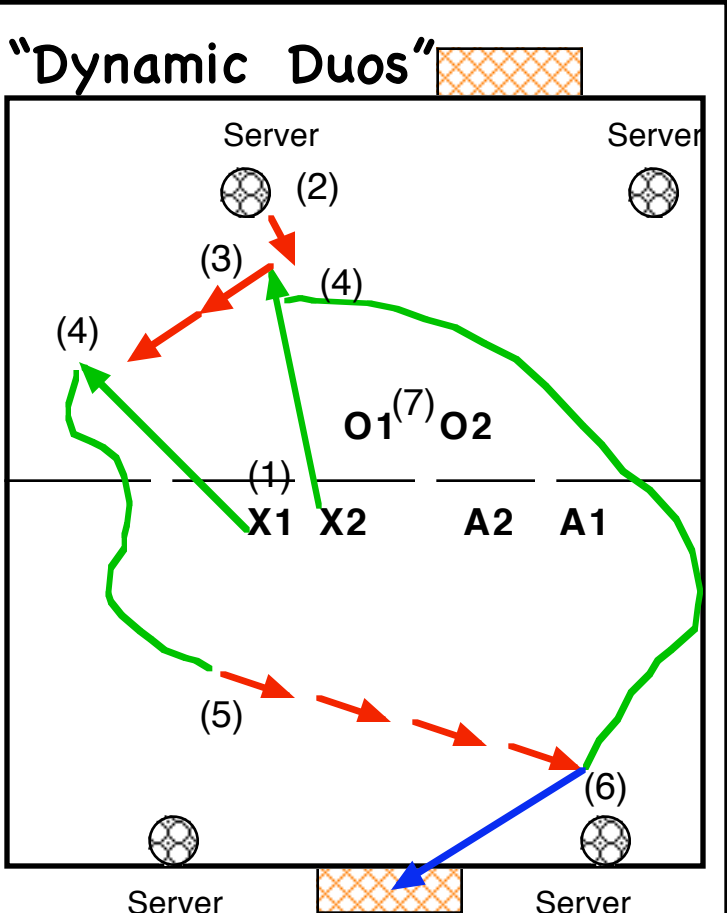
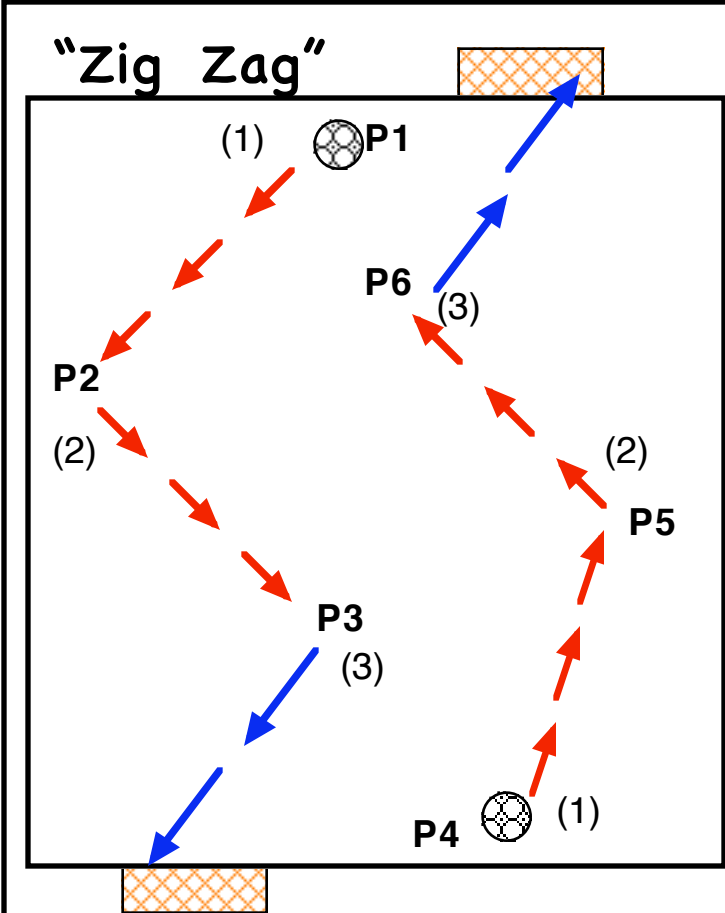


TECHNICAL: Finishing



Finishing Technique--"ZIG ZAG"
Setup: 30x30 grid with 2 regulation goals on each endline set in staggered fashion
 (1) Players 1 & 4 begin the drill by passing to Players 2 & 5 respectively
 (2) Players 2 & 5 pass to Players 3 & 6 respectively
 (3) Players 3 & 6 shoot on goal

Rotation:
 P1 to P2 to P3 to P4 to P5 to P6 to P1

Variation:

- Make one side shoot with left foot, the other side shoot with right foot
- Receive with left foot, shoot with right foot, receive with right foot, shoot with left

Finishing Technique --"DYNAMIC DUOS"
Setup: Grid is 36 yards long by 44 yards wide (two 18-yard boxes), with regulation goals on each endline
Players: Pair up
 (1) Partners X1 and X2 break toward a server
 (2) Server plays ball into grid to either partner
 (3) Here, X2 receives from server and plays ball to partner X1
 (4) X1 receives, turns and begins dribbling to goal, while X2 turns and runs to goal
 (5) X1 passes to X2
 (6) X2 shoots on goal
 (7) Next pair goes

Rotation:
 Pairs inside grid become servers