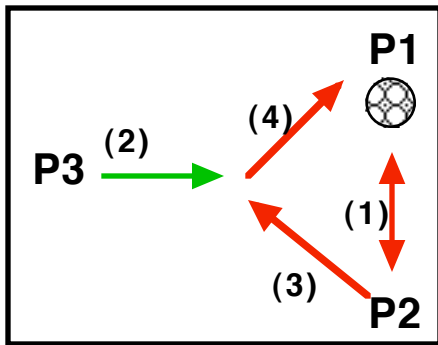


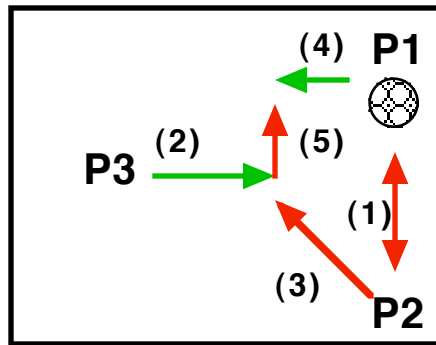
TECHNICAL: Combo Play



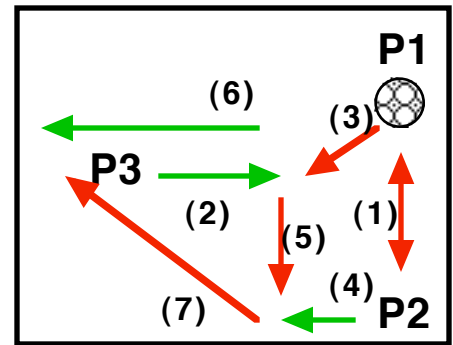
3-Player & 5-Player



- 3-PLAYER: "Check-To" #1**
- (1) Player 1 and Player 2 pass the ball back and forth
 - (2) Player 3 checks to the players
 - (3) Player 2 (or Player 1) passes to P3
 - (4) P3 passes back to the other player



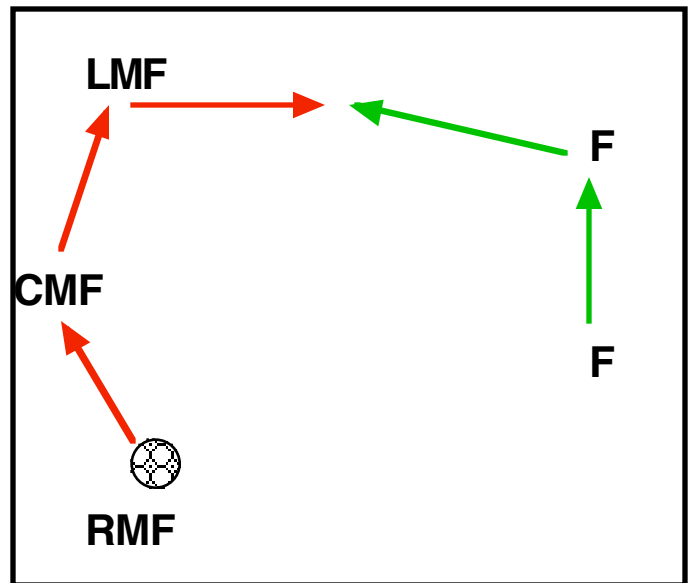
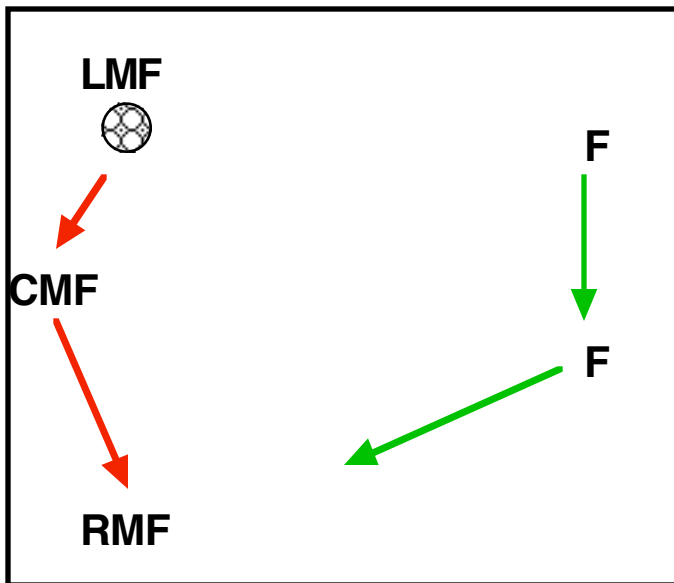
- 3-PLAYER: "Check-To" #2**
- (1) Player 1 and Player 2 pass the ball back and forth
 - (2) Player 3 checks to the players
 - (3) Player 2 passes to P3
 - (4) P1 makes straight run
 - (5) P3 plays square pass to P1



- 3-PLAYER: "Check-To" #3**
- (1) Player 1 and Player 2 pass the ball back and forth
 - (2) Player 3 checks to the players
 - (3) Player 1 passes to P3
 - (4) Player 2 makes straight run
 - (5) P3 passes to P2
 - (6) P3 turns and makes straight run
 - (7) P2 plays long pass to P3

→ movement of player

→ movement of ball



5-PLAYER SHADOW PLAY: Training the Combination Play of Midfielder and Forwards

START: The three midfielders pass the ball back and forth, with an emphasis on switching of fields.

Coaching Point: on a switch of field coach the passing player to pass the ball to the outside foot of the receiving player. In other words, in the top left diagram, the Left Midfielder (LMF) should pass the ball to the Center Midfielder's right foot, and the Center Midfielder should pass to the Right Midfielder's right foot. When the midfielders switch back to the left, the pass goes to the left foot of the receiving player.

PROGRESSION: As the midfielders switch fields, the two Forwards practice checking to the outside player with the ball. At any time, one of the outside midfielders can pass the ball to the checking forward.

Coaching Point: Notice how the forwards work as a tandem. When one checks to, the other moves into the vacant space.